



**the arts for mental health**  
*peer support delivered creatively*

the multi award winning user led social enterprise

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### **VOLUNTEERING OPPORTUNITY**

**'Breathe Music'- Young People's Project**

## **Music Production Facilitator (Volunteer)**

**Weds 1.30 p.m.- 5.00 p.m.**

You will already be confident in your knowledge of at least one software D.A.W. (such as Reason, Cubase, Logic Pro or Pro Tools) and be prepared to learn 'Reason' which is the primary software we use. You will also have good people skills and enjoy facilitating other people's creativity, with an interest in a wide range of musical genres.

**We are particularly interested in recruiting young people 18-25 years old who have themselves been disadvantaged through mental ill health. Sound Minds will offer one to one training in our studio before you take up your role which involves supporting other young people in recording, beat making and music production.**

**BREATHE MUSIC** takes place every Wednesday afternoon at the Sound Minds studios in Battersea. The afternoon offers an opportunity for young people 18-25 who are disadvantaged through mental ill, unemployed and not in education or training to explore music making. Music Workshops, Singing, music technology vocal training and instrument lessons are offered free to residents of Wandsworth and Merton. Breathe helps young people to build their confidence, learn new skills and make new social connections in a safe and supportive environment.

**Funded by the Wimbledon Foundation and donations**

**For more information and application form please contact  
Searahlaine St James or Paul Brewer at Sound Minds  
on 020 7207 1786 or email: [Searahlaine@soundminds.co.uk](mailto:Searahlaine@soundminds.co.uk)**